



Care for the Underprivileged

Community Health Centres



Message from Group Executive Chairman

Inclusive and affordable healthcare is a characteristic of a vibrant society. It is essential that the benefits of the advances in medical science reach all sections of the social spectrum – especially the disadvantaged.

Long before the corporatisation of care, L&T has been making a positive difference to the health of the communities around its work places through sharply-focused intervention programmes.

I am happy to share with you L&T's journey towards healthcare for all. We began in 1963 with a single Health Centre offering subsidised healthcare to our employees and their families. Today, our initiatives benefit around four lakh people every year – many of them from the most vulnerable sections of society.

We have set up and run twelve Community Health Centres around the country. Eminent specialists from various disciplines serve on our panels offering their expertise to those who would otherwise not be able to afford them. We also conduct medical camps in rural

schools and villages, run mobile clinics and carry out preventive health programmes. Paramedical personnel trained by our doctors form a secondary tier of care-givers who further spread the message of health care.

Our focus is on mother-and-child care, family planning and control of communicable diseases. Many of the services we offer are free, and the rest are heavily subsidised.

We are conscious that much remains to be done, and we are committed to pursuing the goal of good health for all.

A. M. Naik
Group Executive Chairman
LARSEN & TOUBRO

Our Initiatives, Our Impact At a glance

12 Health Centres
1,50,000 Patients per year

54,695
Sterilisations so far

14 Mobile Clinics
3,00,000 Patients
(urban, rural and tribal) per year

1500
HIV/AIDS patients treated
per year

3000
Child immunizations per year

32 Dialysis machines
40,000
Dialysis sessions per year

We participate in all National Health programmes



Caring for Life...

To provide quality health care services for underprivileged people as a corporate social responsibility and to create visibility of the organisation.



Message from
Dr. K. J. Kamat
 Director – Medical, Health & Welfare Services

We at L&T consider it a privilege to be of service to those in the greatest need. We began preventive, promotive and curative health services way back in 1963. Across the years, we have undertaken several health initiatives to provide top-quality healthcare to the underprivileged. These initiatives have strengthened L&T's community engagement and social welfare agenda.

The twelve Community Health Centres that L&T has set up across the country have paved the way to good health for thousands of the underprivileged for more than half a century. Our healthcare services are aligned with National Health Programmes such as Maternal and Child Health (MCH), prevention and treatment of leprosy, tuberculosis, HIV, etc., and blindness control.

Staffed by experienced doctors, nurses and paramedics, L&T's Health Centres offer a variety of services – from general medicine and surgery to obstetrics, gynaecology, paediatrics and many more specialities and super-specialities. They are also equipped with the latest technology, which variously includes X-ray, ultrasound, physiotherapy and dialysis equipment.

Our four Dialysis Centres help in improving the quality of life of hundreds of patients suffering from kidney failure. Our A.R.T. (Anti-Retroviral Therapy) Centre enables us to

offer HIV/AIDS patients the complete range of pathology tests for their treatment, free medical consultation and medicines.

We also run 14 Mobile Clinics that take medical services to the far-flung rural and tribal poor.

We continually expand and upgrade the spread and range of our services, to bring them within the reach of more of the underprivileged. While we as a company have been able to touch many lives and make a deeply positive impact on the lives of so many, we believe there's room for more. And we will continue to be a beacon of hope for the disadvantaged, who place their trust in us.

This booklet gives you an overview of the activities and services rendered by each Centre. We would appreciate your feedback and suggestions for enhancing the value of our many initiatives.

Dr. K. J. Kamat
 Director – Medical, Health & Welfare Services
 LARSEN & TOUBRO

Contents

The Healing Touch	4
L&T Andheri Health Centre, Mumbai	10
L&T Anti-Retroviral Therapy (A.R.T.) Centre	14
L&T Health Centre, Ahmednagar	16
L&T Health Centre, Chennai	18
L&T Health Centre, Coimbatore	20
L&T Health Centre, Kansbahal, Odisha	22
L&T Health & Dialysis Centre, Surat	23
L&T Medical Centre, Lonavla	24
Health Initiatives in Talasari & Titwala	26
L&T Health & Dialysis Centre, Thane	27
L&T Health & Dialysis Centre, Vadodara	28

The Healing Touch

Larsen & Toubro's health initiatives are undertaken at all the premises of the Company across India. These services are run by L&T through its Community Health Centres, CSR Departments and in partnership with Government initiatives. L&T's health services include building health infrastructure, health education, and running medical camps.

L&T's Health Centre projects are professionally managed and run for the preventive and promotive healthcare of the underprivileged, with a view towards their social and economic development.

History

Way back in 1963, L&T opened a small Health Centre at its employee township near its manufacturing facility in the largely tribal area of Kansbahal (Odisha). In 1968, the Company opened a Health Centre at Andheri, not far from its Powai Works in Mumbai. These two centres were basically for employees' families, and offered family planning and child care consultation. Soon, these services were extended beyond L&T's gates, helping raise the health quotient of the surrounding underprivileged communities. Today, L&T impacts the lives of around 4,00,000 people annually, through 12 Health Centres, 14 Mobile Clinics, around 1500 Health Camps and health infrastructure building support projects.



Structured for Success

The far-reaching impact of L&T's Health Centres is a result of its unique charity-corporate model. The charity aspect stems from the fact that the services are either free of cost or heavily subsidised, making even high-tech procedures affordable to the underprivileged.

The corporate aspect stems from the organisational structure of the Health Centres which ensures effective allocation of resources, smooth functioning and maximum impact.

Functions

Each L&T Health Centre offers a range of interdisciplinary services for physical and mental health, encompassing

primary care, diagnostic and remedial services, health sensitisation through medical camps and health awareness talks. They also support government health initiatives on a Public Private Partnership (PPP) basis.

Location

To maximise the impact of our Health Centres, a feasibility assessment is made, which includes evaluation on the basis of accessibility by public transport and the population in the vicinity (10,000 to 1 lakh).

Quality Indicators

All quality indicators are maintained through an experienced, qualified and dedicated health team which undertakes social work, quality pharmacy support, counselling services and documentation.

L&T Health Centre basics

The premises of all L&T's Health Centres are well-structured according to the services they offer, and have consultation, examination and procedure rooms, a medicine counter and pharmacy, diagnostic collection and storage space and a waiting hall. All centres function 6 days a week.

Management

– the key to effectiveness

L&T's Health Centres are fully funded by the Company – whether run by the Company itself or through the Larsen & Toubro Public Charitable Trust (LTPCT), wives of L&T-ites, or outsourced to a medical institution through partnering on a non-profit philosophy.

Each L&T Health Centre is staffed by:

- Medical Officer: A qualified doctor with valid registration with the State Medical Council and 8 to 10 years of experience
- Medical Consultants: Masters / DNB in the respective speciality with minimum 2 years' experience, valid registration from respective State Medical Council, and a flair for community work
- Qualified social worker / counsellor
- Qualified paramedical and support staff

L&T's Health Centres are licensed as per the Government's mandate, e.g. registered PC & PNDT Act, Nursing Home Act.



Services

– Designed to Deliver Good Health

Consultation

Most L&T Health Centres offer consultation in mother-and-child care, adolescent health problems, lifestyle management diseases, dermatology, ophthalmology, neurology and psychiatry, orthopaedics, gastroenterology, physiotherapy, homeopathy, dental, diet consultation, pulmonary functioning and family counselling.

L&T's Health Centres also support the Government in implementing health projects through the Public Private Partnership (PPP) approach and provide speciality consultations to the projects funded by the Company.

Public Private Partnership projects

- **Family Planning**
Cu-T insertions, oral pills, condom distribution, tubectomy, vasectomy.
- **Vaccination (for children)**
BCG, triple, Pentavalent, booster, polio, hepatitis B, MMR and typhoid.
- **TB control**
L&T supports the Government's RNTCP project at the Mumbai Municipality's Koldongri TB clinic and L&T's Ahmednagar unit, where pulmonologists and counsellors are provided by L&T, with medicines provided by the Government.
- **Leprosy control**
Free medicines and consultation are provided until the completion of the treatment.
- **Blindness control**
L&T undertakes free diagnosis of cataract, glaucoma and retinal problems, and facilitates treatment through charitable institutions.
- **HIV awareness and control**
In collaboration with the National AIDS Control Organisation (NACO) and the Confederation of Indian Industry (CII), L&T offers HIV counselling, testing and treatment through its A.R.T. (Anti-Retroviral Therapy) Centre at Andheri, Mumbai.

Surgical services

Some of L&T's Health Centres offer day-care surgical services, such as general / orthopaedic / family planning and gynaecological procedures as per approved processes. The team of surgeons and anaesthetists conduct minor procedures, laparoscopic tubectomy, vasectomy, medical termination of pregnancy and diagnostic scopy for infertility.

In October 2015, the L&T Health Centre at Andheri performed its 50,000th laparoscopic tubectomy.

Diagnostic services

Many of L&T's Health Centres offer diagnostic services, such as pathology, radiology, endoscopy, mammography, cardiac services, EEG and neurological testing, ultrasonography, audiometry, psychological and aptitude tests.

Dialysis services

Highly subsidised dialysis services are provided through L&T's Health Centres at Thane (Maharashtra), Chennai (Tamil Nadu), Vadodara and Surat (Gujarat).

L&T has procured 32 dialysis machines to date, and aims to touch the 50 mark soon.

E-Learning classrooms

At L&T Andheri Health Centre (Mumbai) and the Tribal Block of Talasari (Thane, Maharashtra) e-learning classrooms deliver simplified education programmes to promote the mental health of children.



Outreach Activities

These activities focus on health education, the promotion of health-inducing behavior (especially amongst youth), early diagnosis and referral. They cater specifically to the vulnerable. L&T's Health Centres also facilitate academic education services for children and vocational education programmes for school dropouts, youth, women and patients with HIV/AIDS.

- **Medical camps**
L&T initiates and undertakes several types of medical camps: multi-speciality, speciality and diagnostic.
- **Mobile clinics**
L&T owns 14 mobile clinics, and each reaches 15 to 25 remote locations per month to serve the disadvantaged at their doorstep. Professionally managed and well-equipped, they offer diagnostic services (e.g. for diabetes), curative solutions as well as medicines.

- **Health education talks**
Health Talks are organised to promote healthy behaviour and prevent illnesses, from the self-help group level to the officer level.

Every month and on days globally earmarked for specific purposes (e.g. World Health Day, World AIDS Day, World Heart Day, World Population Day, International Women's Day), health education talks are delivered on related subjects. These include healthy nutrition practices such as breast-feeding awareness, cancer awareness, mental health, diabetes awareness, tuberculosis awareness and treatment and HIV/AIDS prevention.



Locations of L&T Mobile Clinics



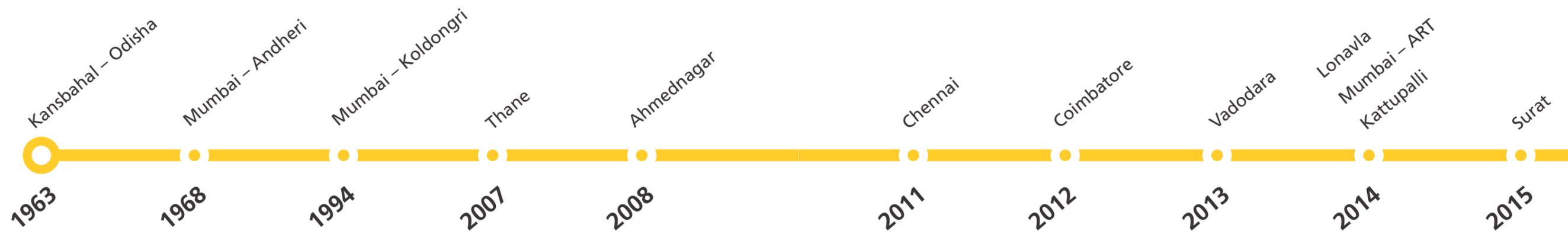
Building Health Infrastructure for Remote Areas

L&T supports the Government in improving health infrastructure in many ways: it renovates Primary Health Centres (PHCs) and sub-centres, and adds user-friendly technical equipment. L&T builds and maintains access roads to PHCs, and trains ASHA workers for effective community / public health programme delivery. L&T helps improve the water and sanitation services in and around PHCs. Talasari Block (of Thane, Maharashtra) is an example of L&T's contribution to community health initiatives.

Monitoring and evaluation

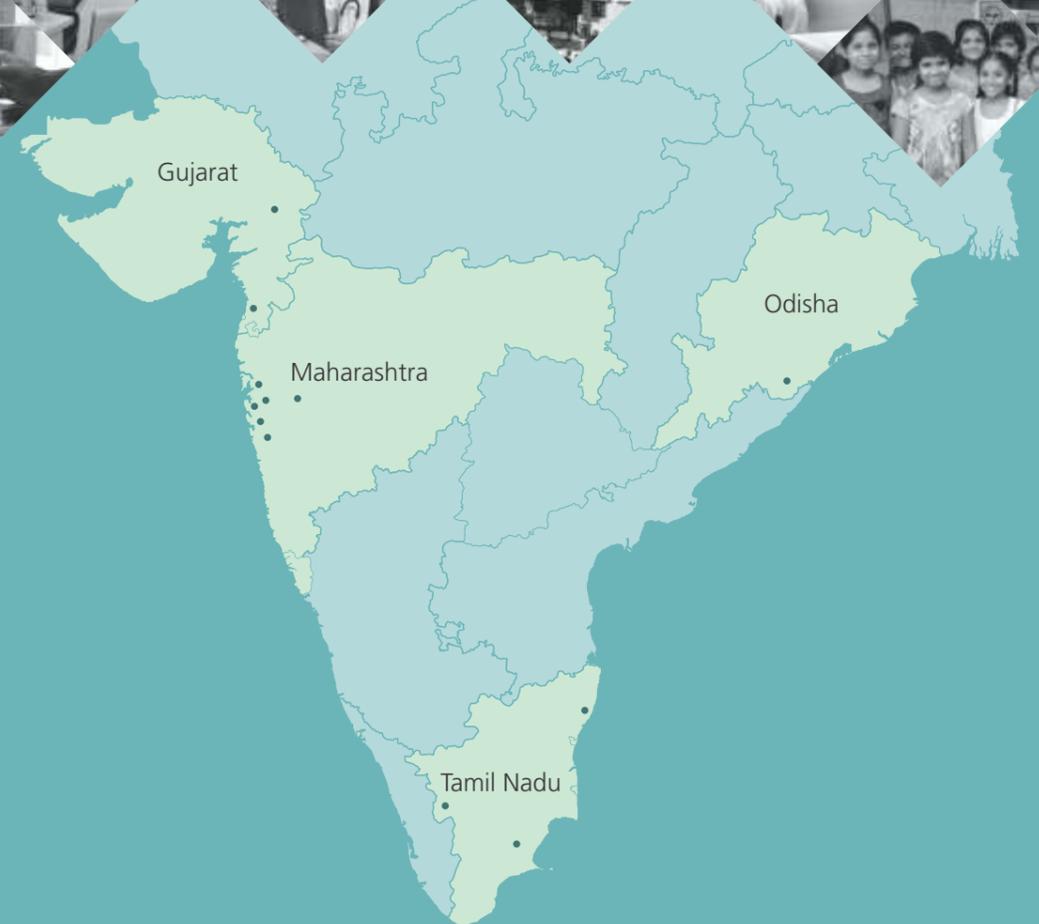
L&T's Management assesses the Company's Health Centre projects every year and provides inputs to enable these Centres fulfil their goal of bettering the health of the maximum number of people.





Number of L&T Community Health Centres in India

- 6 Maharashtra
- 2 Gujarat
- 3 Tamil Nadu
- 1 Odisha



L&T Andheri Health Centre, Mumbai

Considered the mothership of L&T's Health Centres, the facility at bustling Andheri is located next to the Western Express Highway.

The Centre strives to achieve the holistic well-being of L&T's employees, their families and the community at large. Each year, the Centre caters to over 50,000 people, most of whom are from the disadvantaged local communities. A well-equipped ISO-certified Health Centre, it was set up in 1968 with a Mother and Child Care clinic, and has grown immensely. It has multi-disciplinary facilities, including well-equipped operation theatres, an endoscopy unit, multiple consultation clinics, and also offers diagnostic services. A qualified team of doctors and health educators also conducts capacity-building training programmes for Government, semi-Government and non-Government bodies.



Services

A. Family welfare services

Medical and operative family planning procedures such as laparoscopic sterilisation, vasectomy, oral contraceptives, Intra Uterine Contraceptive Device (IUCD), etc. The Centre also undertakes infertility treatment.

Mother & child healthcare

Ante-natal care, gynaecological consultation, paediatric and adolescent health and immunisation.

B. Operative services

Day-care surgical procedures including family planning procedures, MTP, diagnostic scopy, general, orthopaedic, ENT, eye, skin and gynaecological procedures.

C. Diagnostic services

These include pathological testing, radiology, ultrasonography, mammography, endoscopy, gastroscopy, EEG, psychological tests, cardiac profile, pap smear, diabetic profile, and HIV/AIDS testing.

D. Speciality and super-speciality consultation

- Cardiology clinic with ECG, 2D Echo and stress test services
- Endocrinology and Diabetes Management Clinic
- Vision Clinic with cataract, glaucoma and retinopathy screening
- Chest / TB / Asthma Clinic with Pulmonary Function

Test. In 1994, L&T collaborated with MCGM to provide high-quality tuberculosis diagnosis and treatment at a clinic set up in the Mumbai suburb of Koldongri.

- Remedial services include a child guidance clinic with remedial education services, family counselling and health education, physiotherapy, occupational therapy, speech therapy and dietary advice
- Dental consultation with dental procedures
- ENT consultation and procedures
- Gastroenterology OPD with gastroscopy and colonoscopy services
- General medical and surgery consultation
- Homeopathy consultation with medicines at no cost
- Neurology and epilepsy clinic with EEG services
- Orthopaedic consultation with orthopaedic procedures: arthroscopy, hydrocortisone injection
- Psychiatry clinic with counselling services
- Skin and Leprosy Clinic

E. E-Learning Room for children and adults

F. Outreach activities such as Medical Camps, Mobile Clinics and Health education talks are conducted on a regular basis. The Centre runs a mobile clinic in collaboration with Brahmakumari's BSES MG Hospital. The Centre has networked with different NGOs and GOs for developmental / educational programmes.



Recognition & Achievements

- Completed 51,000 sterilisation operations
- 'Good Corporate Citizen award' for the year 1994-95 from the Bombay Chamber of Commerce and Industry
- Bombay Chamber Civic Award for 1999-2000, in the category of Community Development for services undertaken
- FICCI award for 'Corporate Initiatives in Family Welfare' for the year 2002-2003
- Appreciation awards from the Municipal Corporation of Greater Mumbai and the Government of Maharashtra
- Certificates of Appreciation from Municipal Corporation of Greater Mumbai for Outstanding Services in the field of Family Welfare & Mother & Child Health Care
- ISO accreditation

L&T Anti-Retroviral Therapy (A.R.T.) Project

L&T is India's first corporate to formulate an HIV/AIDS policy at the company level. HIV/AIDS sensitisation programmes have been organised for L&T-ites since the 1990s. In 2003, L&T started a VCTC/CTC (Integrated Counselling and Testing Centre) Project at the L&T Andheri Health Centre in collaboration with the National AIDS Control Organisation (NACO) and the Mumbai District AIDS Control Society (MDACS).

With the support of L&T's Group Executive Chairman, Mr. A. M. Naik, and the Government's Health Department, L&T set up an Anti-Retroviral Therapy (A.R.T.) Centre in September 2009. This project was implemented through the Public Private Partnership (PPP) approach (NACO and the Confederation of Indian Industry – CII) to help the Government in strengthening its services for the treatment of HIV/AIDS.

L&T's A.R.T. Centre supports HIV/AIDS patients located in and around Mumbai's western suburbs. It provides treatment for HIV/AIDS according to the Government's protocol. L&T offers free blood investigations, X-ray, CD4 Count test and sonography. Medicines supplied free by the government are distributed to the patients.

L&T has specially built the clinic on the premises of the Municipal Corporation of Greater Mumbai's health post at Koldongri in Mumbai. It has the capacity to treat 2,000 patients per year. It has a restful ambience and staff who are specially trained to handle the patients with sensitivity and respect. Various Government and non-Governmental agencies have appreciated the Centre for the quality of its services and its meticulous records.



L&T Health Centre, Ahmednagar

Inaugurated in 2008, L&T's Health Centre at Ahmednagar caters to around 700 needy people every month within a 5-km radius of L&T's Electrical & Automation factory.

The Centre operates from a 2200 sq.ft. rented premises in Savedi, a suburb of Ahmednagar. It offers the following services through qualified consultants:

- Diabetes & Cardiology OPD, ECG
- ENT
- Gynaecology & Family Planning (non-surgical)
- Medicines (free to children below 10)
- Ophthalmology
- Orthopaedics
- Pathology Services
- Paediatrics and Immunisation (basic vaccination free, newer vaccines subsidised)
- Physiotherapy (subsidised)
- Psychiatry and Counselling OPD
- Skin and VD
- X-ray (subsidised)

Practical training is provided to nursing assistant students. A Mobile Clinic reaches healthcare to the remote tribal and rural hamlets around Ahmednagar. Health Camps are organised for a variety of purposes – diagnosis (of asthma, cancer), vaccination (polio, rubella), blood-donation, check-ups (gynaecology, paediatrics, anaemia, multi-diagnostics, etc), HIV awareness, etc. Employee volunteers are trained in First Aid here.



L&T Health Centre, Chennai (Prayas Medical Centre)

The Prayas Trust was formed by the wives of L&T Construction's employees and its lady staff, as a social welfare Non-profit Organisation, encouraged and partly financially assisted by L&T's management. It runs the Prayas Medical Centre at Virugambakkam in Chennai, and is also involved in the education and social uplift of the underprivileged through sustained, tailor-made programmes.

From humble beginnings, it has grown into a full-fledged multi-speciality Health Centre.

Qualified medical practitioners offer consultation and medicines to more than 300 patients each day. Periodic Health Camps are organised at the Centre as well as in the nearby Government schools to diagnose and treat certain illnesses prevalent among women and children. Free Master Health Check-ups foster better health management.

A Counselling Unit helps patients overcome stress, alcoholism, and depression due to infertility issues and other illnesses.

Areas of Specialisation

ENT, orthopaedic, paediatric, gynaecological, nephrological, general medical and clinical counselling services are offered.

Facilities include a full-fledged laboratory, a 10-bed dialysis unit, an X-ray unit, a pharmacy, an ultrasound facility as well as specialised eye, dental, skin and cardiology units.

A mobile van reaches out to the wider community, providing preventive and therapeutic medical help.



L&T Health Centre, Coimbatore

The L&T Health Centre at Coimbatore was the first such Centre to come up under the 'Aarogya' healthcare initiative of the Larsen & Toubro Public Charitable Trust (LTPCT) in January 2012 at Eachanari, close to L&T's Coimbatore Campus at Malumichampatti.

Located near the busy Coimbatore-Pollachi National Highway, the Centre is easily accessible by public transport. It provides free outpatient medical care to the needy, especially the vulnerable sections of society. Over 45,000 people of Seerapalayam, Malumichampatti, Chettipalayam and Ottakalmandapam village panchayats of Madukkarai Block and 85,000 people of the five wards of the south part of Coimbatore Municipal Corporation benefit from this Centre.

The Centre offers the services of consulting specialists in the areas of gynaecology, paediatrics, ophthalmology, ENT, dermatology and physiotherapy. It provides counselling in the areas of nutrition, reproductive health, psycho-social support, etc.

L&T supports a number of Government schools through its CSR initiatives, and their students requiring medical support are regularly referred to the Centre.

Highlights:

- Clinical laboratory offering 30 basic pathological tests at a nominal cost
- Periodic Outreach programmes organised to create awareness on HIV/AIDS, nutrition, emergency care, health & hygiene, etc.
- A Treatment Centre for patients referred by our Mobile Health Clinic, Government-school students covered under L&T's CSR initiatives as well as by the local Government Primary Health Centre and its sub-centres
- Treatment Centre for contract employees and their families

The Centre operates in a 2000 sq.ft area taken on lease.



Mobile Health Clinic

This initiative of LTPCT started in April 2013. Covering 16 villages, the project aims to improve the health of the people in remote villages and hamlets, including school children, by enhancing health awareness, providing basic treatment for common ailments and linking them with existing Government healthcare services within Madukkarai Block in Coimbatore District.

Services

- OPD care services at 16 select villages
- Distributes information, education & communication material to the general public to create awareness on personal hygiene, sanitation and nutrition

- Refers patients to local Government hospitals and the L&T Community Health Centre
- Counsels patients
- Organises group meetings to create awareness on health and sanitation
- Follow-up services on immunisation and non-communicable diseases

Since its inception, the project has been implemented by the NGO Hand In Hand India. Its reach has been expanding, and it covers over 20,000 people per year.

L&T Health Centre, Kansbahal, Odisha

L&T's first Health Centre, started in 1963, is located within the Company's sprawling employee township adjacent to its engineering complex at Kansbahal in Rourkela district, deep in tribal Odisha.

The Centre caters to the health needs of L&T's employees and the community around through services (OPD, emergency and domiciliary), check-ups (pre-employment, periodic and medical camps); and liaison with different health agencies. It assists in industrial safety and hygiene.

Unique to the region are the Centre's Domiciliary Services, 24x7x365 emergency services, eye camps and blood-donation camps.

Each year, around 5,000 people avail of the Centre's facilities.



L&T's Health & Dialysis Centre, Surat

The Larsen & Toubro Public Charitable Trust (LTPCT) set up a Health and Dialysis Centre in 2015 to provide the underprivileged of Surat with affordable consultation and treatment. Basic diagnostic services and dialysis are offered at an affordable cost.

Free Medical Consultants

- Cardiologist
- ENT Surgeon
- Nephrologist
- Neuro-physician
- Obstetrician
- Orthopaedic specialist
- Paediatrician
- Physician
- Skin Specialist
- General Surgeon

Highly subsidised services

- Dental
- Dressing / Injection Room
- Laboratory Services
- Operation Theatre
- Physiotherapy
- Radiology Department: X-ray, Mammography, Sonography
- Recovery Ward
- Renal Dialysis

A well-equipped mobile van reaches deep into Surat's tribal blocks, providing timely health services at the doorstep.



L&T Medical Centre, Lonavla

The Lonavla Medical Centre, on the campus of L&T's Leadership Development Academy, was set up in 2014. The 710 sq.mt. Centre was started for the benefit of underprivileged in the surrounding rural areas, i.e. from Kamshet to Khopoli, a 20-km radius from Lonavla. Its Mobile Van service widens its reach. It diagnoses and dispenses medicines to the tribals, many of whom study in the local Government-run schools. Special camps are run in collaboration with the Government-run Karla Primary Health Centre and similar facilities. Patients who require further treatment are directed to the Medical Centre.

The Medical Centre offers services of the following consultants:

- Dentist
- Dermatologist
- ENT specialist
- General Physician
- Gynaecologist
- Ophthalmologist
- Orthopaedic specialist
- Paediatrician

The Centre's diagnostic facilities include digital X-ray, ECG and a full-fledged pathology lab.

The Centre caters to around 14,000 people per year, while the mobile van caters to around 2,000 patients every month.



Health Initiatives in Talasari & Titwala (Maharashtra)

Since 2007, the Larsen & Toubro Public Charitable Trust (LTPCT) has been undertaking a range of activities to enhance the health and well-being of the people in the largely tribal tracts of Talasari, a district in Maharashtra, and one of India's most under-developed blocks.

L&T's work here focuses on the development of health infrastructure on the PPP model. This involves activities such as health check-ups and medicine distribution to around 5000 students from the higher secondary in 20 schools, and running a mobile clinic covering 41 villages and 2500 patients per month.

Since 2014-15, LTPCT been expanding its reach to help enhance governmental health facilities in Talasari through the upgrade of the rural hospital and many primary health clinics.

Other initiatives include training of health functionaries and collaboration with Government health systems and UNICEF.

More projects and programmes are on the anvil for the health and welfare of the people of Talasari.

The Trust also supports Mahaganapati Hospital of Titwala in Maharashtra, with a Dialysis and Ophthalmology unit. Three dialysis machines provide more than 200 sittings of dialysis every month. The Ophthalmology unit is well-equipped to provide vision screening and undertake cataract-removal procedures.



L&T Health & Dialysis Centre, Thane

L&T's Health and Dialysis Centre at Thane city is the first dialysis centre of L&T, opened in the year 2009. It caters to the needs of the surrounding communities, especially people suffering with kidney failure, by providing dialysis services managed by the company and experienced, well-qualified consultants and staff.

Each year, around 30 new patients come to the Centre for dialysis. The Centre has six dialysis machines, and functions under the guidance of the senior nephrologists associated with the Health Centre.

The services offered by the Unit include consultation, running a support group, diet consultancy, cadaver transplant consultation and finance management through various trusts.

The Centre also provides services, including gynaecology, paediatrics, skin and leprosy treatment, ophthalmology, orthopaedics, ENT, general medicine and general surgery.

Outreach Programmes: The Centre conducts medical camps and health talks in the vicinity of Thane, covering urban slums and tribal localities of the Yeoor Hills, focusing on mother-and-child care services and lifestyle illnesses.



L&T Health & Dialysis Centre, Vadodara

An initiative of the Larsen & Toubro Public Charitable Trust (LTPCT), the Centre operates in an area of 6000 sq. ft, conducting three major activities: Dialysis, an Out Patient Department (OPD) and a Community Centre.

Dialysis

The facility has a 6-bed Dialysis Centre.

OPD

The Centre's physicians and specialists include gynaecologists, paediatricians, ophthalmologists, ENT specialists, skin and VD specialists. Around 10,000 patients utilise the services of the OPD every year. The Centre provides general health services, including mother-and-child health care: ante-natal care, gynaecological services covering family planning and contraceptives (including insertion of IUCDs and couple counselling) adolescent health counselling and health education.

Curative services and regular OPD

- Preventive healthcare, covering awareness sessions on topics such as diabetes, hypertension, CAD, osteoporosis, eye care, computer ergonomics, obesity control, etc.
- Workshops: Backache, computer ergonomics, safe material-handling
- Diagnostic Camps: Diabetes, bone mineral density, cancer detection, general check-ups, etc.
- Observing World Kidney Day, Doctor's Day, No Tobacco Day

Mobile vans

LTPCT's mobile clinics reach remote areas around Vadodara. The Trust supports the two mobile vans run by the Vadodara Municipality.



For more information on our various health centres, contact us.

Ahmednagar Health Centre: Lthealthcenter@gmail.com

Andheri Health Centre: office.ahc@Larsentoubro.com

ART Centre: Lntart.Lnt@gmail.com

Chennai Medical Centre: prayastrust@gmail.com

Coimbatore Health Centre: cbe.healthcentre@Larsentoubro.com

Lonavla Health Centre: Ltchc.Lonavla@Larsentoubro.com

Thane Health Centre: Ltchc.thane@Larsentoubro.com

Vadodara Health Centre: Lthdc.vadodara@Lntpower.com

Surat Health Centre: Lthdc.surat@Larsentoubro.com



Larsen & Toubro Limited, L&T Health Centre
Landmark Bldg, B Wing, 1st floor, Suren Road, Andheri East, Mumbai 400 093, Maharashtra, INDIA
Tel: 022 6725 1455. email: office.ahc@Larsentoubro.com

Regd. Office: Larsen & Toubro Limited, L&T House, N. M. Marg, Ballard Estate, Mumbai - 400 001, INDIA CIN: L99999MH1946PLC004768